

!" #&/

4;O <548G=>3> 70AB>AC20=O ;V:0@AL:>3> 70A>1C

"-/

!;04:

4VNG0 @5G>28=0: loratadine;

5 <; A8@>?C @0B048=C 5 <3;

4>?>28=8: FC;>@-@0DV=04. :8A;>B0 ;8<=>=0 1572>4=0, =0B@VN 15=7>0B (211), ?@>?V;5=3;V;>:L, 3;VF5@8=, 2>40 >G815=0; 0@<>0B870B>@ «1@8:>A 696», I>?V;5=3;V;>:L.

@AL:0 D>@<. 18@>?.

A=>2=V DV78:>-EVABV: 15710@2=0 01> 7;53:0 6>2BC20B0, 01> 7;53:0 75;5=C20B>-6>2BC20B0 @V48=0 7V A?5F8DVG=8< 70?0E>

\$0@<0:>B5@0?52B8G=0 3@C?0. □=B83VAB018 4;O A8AB5<=>3> 70AB>AC20=O.

>4 "% R06A X13.

\$0@<0:>3>3VG=V 2;0AB82>ABV.

\$0@<0:>48=0

>@0B048= B@8F8;>VG=89 A5;5:B82=89 1;>0B>@ ?5@8D5@8G=8E 1-3VAB028E @5F5?B>@V2. @8 70AB>AC20=V C @5;>5=4>20=V9 4>7V =5 G8=8BL ;V=VG=> 7=0GCI>W A540B82=>W V 0=B8E;>V=5@3VG=>W 4VW. @>B03>> B@820;>3> ;V:C20=O =5 28O2;5=> 6>4=8E ;V=VG=> 7=0GC18E 7:07=8:V2 68BBT2> 206;828E DC=:FV9, ;01>@0B>@=8E 4>A;V465=L, 40=8E DV78:0:L>3>> >1AB565=O E2>@>3> 01> 5;5:B@>0@4V>3@0<8. >@0B048=5 =5 <0T 7=0GCI>3> 2?;82C =0 0:B82=VABL2-3VAB028E @5F5?B>@V2. 5 1;>:CT 70E>?;5=O =>@5?V=5D@8=C V D0:B8G=>=5 2?;820T =0 A5@F52>-AC48=C A8AB5=0 0:B82=VABL 2>4VO @8B

\$0@<0:>:V=5B8:0.

VA:O ?5@>@0:L=>3> ?@89>@0B048= 4>1@5 2A<>:BCTBLAO V <5B01>;V7CTBLAO ?V4 2?;82<< CYP3A4 B0 CYP2D6, 3>;>2=8< G8=<< C 457;>@0B048=, '0A 4>AO3=5=O <0:A8<0:L=>W :>F5=B@0FVW ;>@0B048=C V 457;>@0B048=C C ?;072V AB0=>28BL 1-1,5 3>48=8 B0 1,5-3,7 3>48=8 2V4?>2V4=>. >@0B048= V 9>3> <5B01>;VB 4>1@5 72O7CNBLAO 7 1V;:0<8 ?;07<8 :>@>2V.

V>4>ABC?>VABL ;>@0B048=C V 457;>@0B048=C ?@O> ?@>?@FV9=0 4> 4>78.

\$0@<0:>:V=5B8G=89 ?@>DV:L ;>@0B048=C V 9>3> <5B01>;VBV2 2>AV1 ;VB=L>3> 2V:C ?>@V2=N20=89 7 ?@>DV;5< C <>;>4H8E 4>@>A;8E >AV1.

@89>< W6V =57=0G=> ?>4>26CT GOA 2A<>:BC20=O ;>@0B048=C, 0;5 =5 2?;820T =0 ;V=VG=89 5D5:B.

# E2>@8E V7 E@=>VG=>N =8@>2>N =54>AB0B=VABN 7=0G5=O D0@<0:>:V=5B8G=8E ?0@<0:5B@V2 =5 71V;LHCNBLAO ?>@V2=O=> 7 B0:8<8 C ?0FVT=BV2 7 =>@<0:L=>N DC=:FVTN =8@>: 5@>V>4 =0?V2282545=O 7=0G=>=5 7

# E2>@8E 7 0;>3>:L=8< C@065=O< ?5GV=:8 <>65 A?>AB5@V30B8AO ?V42815=O 7=0G5=L D0@<0:>:V=5B8G=8E ?0@<0:5B@V2 ;>@0B048=C 242VGV, B>4V O: D0@<0:>:V=5B8G=89 ?@>DV;L <5B01>;VBC =5 7@V2=O=> 7 B0:8< C ?0FVT=BV2 7 =>@<0:L=>N DC=:FVTN ?5GV=:8. 5@>V>4 =0?V2282545=O ;>@0B048=C V 9>3> <5B01>;VBC AB0=>28BL 24 3>48=8 B0 37 3>48=2V4?>2V4=> V 71V;LHCTBLAO 70;56=> 2V4 B06:>ABV 70E2>@N20=O ?5GV=:8.

=V E0@0:B5@8AB8:8.

>:070=O. !8<0B8G=5 ;V:C20=O 0;5@3VG=>3> @8=VBC V E@=>VG=>W V4V?0B8G=>W :@>?82O=:8.

@>B8?>:070=O. V42815=0 GCB;82VABL 4> :>5=BV2 ?@5?0@0BC.

70T<>4VO 7 V=H8<8 ;V:0@AL:8<8 70A>10<8 B0 V=HV 2848 270T<>4V9. 4=>G0A=5 70AB>AC20=O 7 V=3V1VB>@<8 CYP3A4 01> CYP2D6 <>65 ?@872>48B8 4> ?V42815=O @V2=O ;>@0B048=C, I>, C A2>N G5@3C, ?>A8;NT ?>1VGV=V 5D5:B8. >@0B048=5 ?>A8;NT?@83=VGC20;L=C 4VN 0;>3>;N =0 ?A8E>>B>@>V @50:FVW. &8<5B848=, 5@8B@>:>=07;> ?V4281CNBL :>F5=B@0FVW ;>@0B048=C C ?;072V, 0;5 F5 ?V42815=O =VO: =5 28O2;OTBLAO ;V=VG=>, C B. G. 70 40=8<8 5;5:B@>:0@4V>3@0<8.

A>1;82>ABV 70AB>AC20=O. @89>< ?@5?0@0BC A;V4 ?@8?8=8B8 =5 ?V7=VH5 =V6 70 48 3>48= 4> ?@>2545=O H:V@=8E 4V03=>AB8G=8E 0;5@3>?@>1 4;O 70?>1V30=O E81=8< @57C;LB0B0

@5?0@0B @, I> A;V4 2@0E>2C20B8 E2>@8<=0 FC:@>289 4V015B.

0AB>AC20=O C ?5@V>4 203VB=>ABV 01> 3>4C20=O 3@C44N. A;V:L:8 157?5:0 70AB>AC20=O 203VB=8< =5 2AB0=>2;5=0, =5 @5>><5=4CTBLAO ?@87=0G0B8 ?@5?0@0B C ?5@V>4 203VB=>ABV. >@0B048= ?@>8:0T C 3@C4=5 <>;>, B><5=4CTBLAO 70AB>AC20=O ?@5?0@0BC C ?5@V>4 3>4C20=O 3@C44N.

40B=VABL 2?;820B8 =0 H284:VABL @50:FVW ?@8 :5@C20=V 02B>B@0=A?>@B>< 01> V=H8<8 <5E0=V7<0<8. 5 2V47=0G0;>AO 2?;82C ?@5?0@0BC =0 H284:VABL @50:FVW ?0FVT=B0 ?@8 :5@C20=V 02B>B@0=A?>@B>< 01> V=H8<8 <5E0=V7<0<8. @>B5 ?0FVT=B <0T 1CB8 ?@>V=D>@<>20=89 ?@> 4C65 @V4:VA=V 28?04:8 A>=>82>ABV, O>V<>6CBL 2?;820B8 =0 740B=VABL :5@C20=O 02B>B@0=A?>@B>< 01> V=H8<8 <5E0=V7<0<8.

!>AV1 70AB>AC20=O V 4>78.>@>A;8<V 4VBO< 2V:< 2V4 12 @>:V2 ?@89<0B8 ?> 10<; A8@>?C (10<3 ;>@0B048=C) 1 @07 =0 4>1C. 1 6:0 2V4?>2V40T 5<; A8@>?C (5 <3 ;>@0B048=C). VBO< 2V:< 4> 12 @>:V2 7 <0A>N BV;0 1V;LH5 30 :3 10<; A8@>?C (10<3 ;>@0B048=C) 1 @07 =0 4>1C. VBO< 7 <0A>N BV;0 <5=H5 30 :3 5<; A8@>?C (5 <3 ;>@0B048=C) 1 @07 =0 4>1C. 5 28<030TBLAO :>@5:FVW 4>7C20=O ;N4O<;VB=L>3> 2V:C V E2>@8< 7 =8@>2>N =54>AB0B=VABN. 0FVT=B0< 7 B06:8< ?>@CH5=O< DC=:FVW ?5GV=:8 =5>1EV4=> 70AB>A>2C20B8 <5=HC ?>G0B>2C 4>7C G5@57 <>6;825 7<5=H5=O ;V@5=AC ;>@0B048=C (@5:<>5=4>20=0 ?>G0B>20 4>70 10 <3 G5@57 45=L).

VB8. D5:B82=VABL V 157?5:0 70AB>AC20=O ?@5?0@0BC 4VBO< 2V:< 4> 2 @>:V2 =5 2AB0=>2;5=V.

5@54>7C20=O. !8<8: 0=B8E;>V=5@3VG=V A8<8 (A>=:82VABL, 3>;>2=89 1V;L, B0EV:0@4VO).

V:C20=O: A8<0B8G=5 V ?V4B@848 I>4> 2840;5=O 70;8H;V2 ?@5?0@0BC 7V H:C=0: ?@>820=O H:C=0, V=4C:FVO 1;N20=O, ?@89>< ?>4@V1=5=>3> 0:B82>20=>3> 2C3V;>;O 7 2>4>N. >@0B048=5 =282>48BLAO H;OE>< 35<>4V0;V7C; B0;>6 =52V4><, G8 282>48BLAO ;>@0B048= H;OE>< ?5@8B>=50;L>3> 4V0;V7C. VA:O =52V4;>04=>W 4>?>>38 ?0FVT=B <0T 70;8H0B8AO ?V4 <548G=8<=03;O4>

>IVG=V @50:FVW. # 4VB59 2V:< 2-12 @>:V2 <>6CBL 2V47=0G0B8AO 3>;>2=89 1V;L, =5@2>7=VABL; C 4VB59 2V:< 2V4 12 @>:V2 V 4>@>A;8E A>=:82VABL, 3>;>2=89 1V;L, ?V42815=89 0?5B8B, 157A>=O.

# ?>>48=>:8E 28?04:0E <>6CBL A?>AB5@V30B8AO =86G5707=0G5=V =51060=V 5D5:B8:

I>:C =5@2>2>W A8AB5<8: 70?0<>@>G5=O.

I>:C A5@F52>-AC48=>=>W A8AB5<8: 2V4GCBBO A5@F518BBO, B0EV:0@4VO.

I>:C B@02=>W A8AB5<8: ACEVABL C @>BV, =C4>B0, 30AB@8B, ?>@CH5=O DC=:FV9 ?5GV=:8.

I>:C H:V@8 V ?V4H:V@=>W ;VB>28=8: 28A8?0=O, 0;>?5FVO.

I>:C VW A8AB5<8: 0=0DV;0:AVO.

030;L=V ?>@CH5=O: ?V42815=0 2B><;N20=VABL.

"5@ABV.2 @>:8.

#<>28 715@V30=O. 15@V30B8 2>@83V=0;L=V9 C?0>2FV ?@8 B5>!. 15@V30B8 C =54>ABC?=>

#?0>2:0. > 100 <; C D;0=>V 7 N ;>6:>N C :>@>1FV.

0B53>@VO 2V4?CA:C. 57 @5F5?B0.

8:002=8.. "«\$0@<0F52B8G=0 :>@>2□O».

VAF57=0E>465=O 28@>1=8:0/7002=8:0 B0 9>3> 04@5A020465=O 4VO;L=>ABV.

#:@0W=0, 61013,